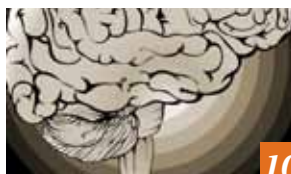


THE CENTER FOR CHILDREN WITH SPECIAL NEEDS

*Local access
to nationally
renowned
expertise*

see page 4

PLUS Meet Our New Physicians **8** Pediatric Neurology **10** Concussions Q&A **14**





A LETTER FROM JOHN SCHREIBER, MD

Dear Colleague,

In the last edition of *Working Together for Healthy Futures* I told you about more than 18 outstanding specialists who had joined Floating Hospital for Children from top-tier institutions across the nation. I am pleased to tell you in this edition that 12 more outstanding specialists have joined our team and are available to partner with you in the care of your patients.

These additions are in the areas of pediatric cardiology, child and adolescent psychiatry, pediatric critical care, ENT, general surgery, neurology, hematology/oncology and newborn medicine.

In this edition, you will meet each of these new specialists and read about the tremendous depth we have at Floating in clinical services and research. I'd like to specifically call out our feature story on the Center for Children with Special Needs (CCSN). It details our team of outstanding behavioral pediatric specialists and their commitment to being your trusted partner for the development, support and advocacy of children. The CCSN is one of the largest and most respected programs of its kind in the country, offering local access to nationally renowned expertise at our Boston campus and in the community at our Specialty Centers.

Our commitment to partnerships in the community has been critical to our success and has enabled us to push outstanding pediatric care back out to our community hospitals with our faculty hospitalist program. We currently cover Lowell General Hospital, Metrowest/Framingham Union and Morton Hospital. This winter we are proud to say that Lawrence General Hospital will join the Floating Hospital team. Our hospitalists and neonatologists will work with LGH to care for their pediatric patients.

I hope you find our sixth edition of *Working Together for Healthy Futures* informative and useful. We look forward to working with you and providing the best care possible for your patients. As always, I welcome your feedback and any questions you may have. Call or email me anytime — jschreiber@tuftsmedicalcenter.org, 617-636-8031.

All the best,

John R Schreiber, M.D., M.P.H.

Pediatrician-in-Chief and Chief Administrative Officer

Floating Hospital for Children at Tufts Medical Center

David and Leona Karp Professor and Chairman, Department of Pediatrics

Tufts University School of Medicine

Olaf Dammann, MD Named Editor-in-Chief of *Pediatric Research*

An international pediatric medical journal has tapped Floating Hospital's Olaf Dammann, MD to be its Editor-in-Chief — testament to his stature in pediatric research circles.

Dammann assumes his new post starting January 1, 2011 for *Pediatric Research*, the official publication of the American Pediatric Society, the European Society for Paediatric Research and the Society for Pediatric Research. The journal is published monthly for the International Pediatric Research Foundation by Wolters Kluwer Health/Lippincott Williams & Wilkins.



To say Dammann knows pediatric research would be an understatement. He is a pediatrician and epidemiologist with a doctorate from Hamburg University in his native Germany,

and a master's degree from Harvard School of Public Health. Since 2006, he has been Director of Clinical Research in Newborn Medicine at Floating Hospital for Children at Tufts Medical Center. He also has served as Director of the Pediatric Clinical Research Center at Floating Hospital since 2008. And his bibliography lists more than 130 published papers.

"I work in a field you might call perinatal neuroepidemiology," he says of his work.



"It involves the elucidation of risk factors for brain damage in newborns."

Dammann currently is co-investigator and a member of the steering

committee of the ELGAN study, a National Institutes of Health (NIH)-funded study of molecular antecedents of white matter damage in preterm newborns. He is performing ancillary analyses in the ELGAN database to identify placenta characteristics that might help predict the risk for retinopathy of prematurity. Dammann also is the principal investigator of NEOBRAIN and NEUROBID, two multinational consortia funded by the European Union. The former is concerned with the identification of neuroprotective strategies in preterm newborns, while the latter will elucidate molecular mechanisms important for the well-being of the developing blood-brain-barriers.

Dammann's new role as Editor-in-Chief of *Pediatric Research* will include overseeing the manuscript review and selecting the section editors who will shepherd manuscripts through this process.

"It will be high maintenance at first," he says, noting that the journal's editorial team not only changes every five years but an entirely new organizational structure is being put in place.



In the past, *Pediatric Research* had two editorial teams, one in the U.S. and one in Europe.

"We now have one editorial board that is very international

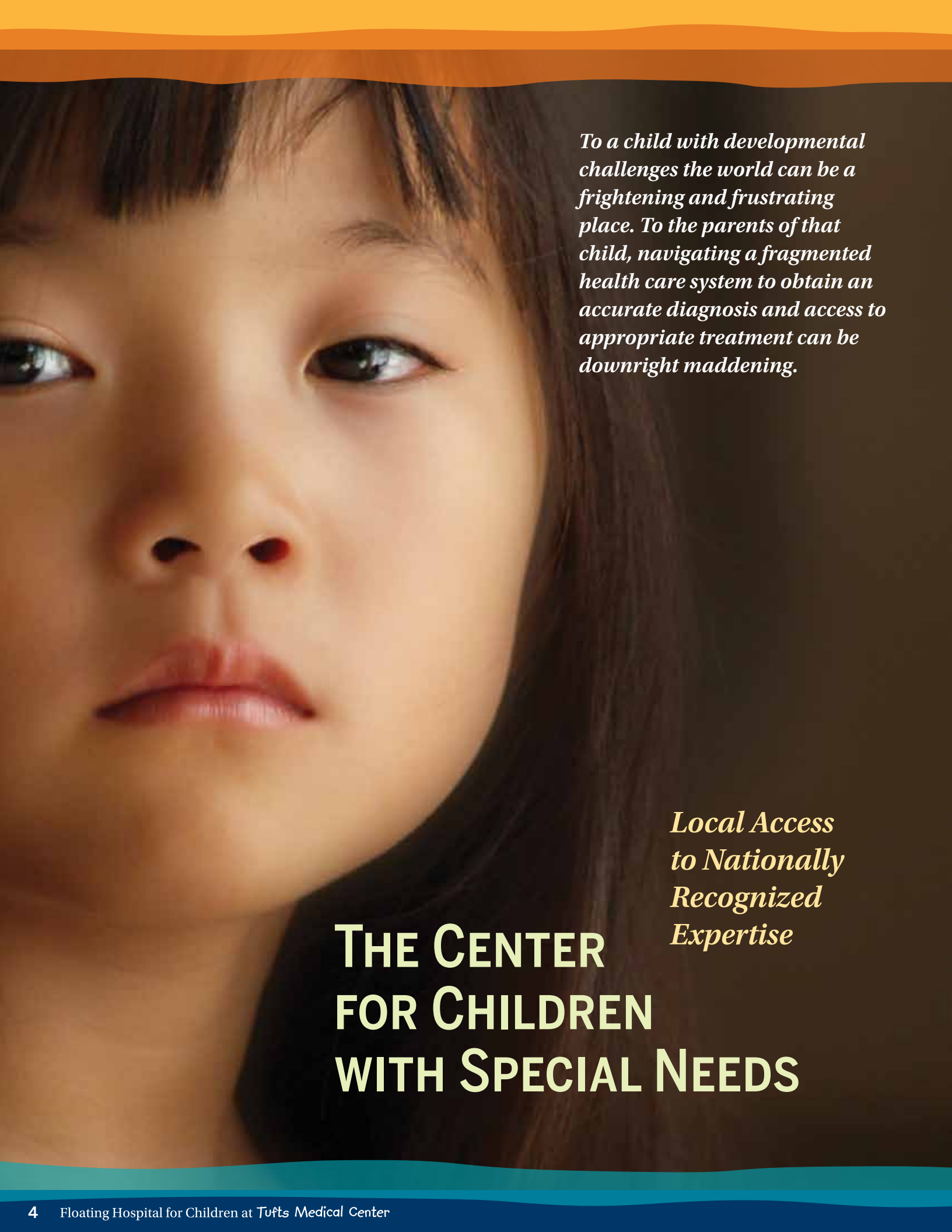
in nature," Dammann says, noting that he will work closely with his colleague and Associate Editor-in-Chief, Pierre Gressens, based in Paris. The journal also has brought on 13 new section editors from around the world who oversee traditional disciplinary areas within pediatrics.

"Traditionally the journal has focused on basic science research, and will continue to do so," he says. "But we're committed to including more clinical research."



"We'll do our very best to raise the international visibility of the journal, to be inclusive and not exclusive," he adds. "We especially want to be appealing to young researchers who want to publish

their first papers. If they're doing brilliant research, send it to us. If it's really, really good, we'll do our very best to give it the visibility it deserves." □



To a child with developmental challenges the world can be a frightening and frustrating place. To the parents of that child, navigating a fragmented health care system to obtain an accurate diagnosis and access to appropriate treatment can be downright maddening.

*Local Access
to Nationally
Recognized
Expertise*

THE CENTER FOR CHILDREN WITH SPECIAL NEEDS

Fortunately, as the pediatrician to whom the family turns for help, you can provide them an excellent resource: the Center for Children with Special Needs (CCSN) at Floating Hospital for Children at Tufts Medical Center.

The CCSN is a comprehensive, multidisciplinary center that works with infants, children and adolescents with a wide spectrum of developmental and behavioral disabilities. With a 16-member team of outstanding specialists, the CCSN offers local access to nationally recognized professional expertise.

“We help parents make sense of the developmental challenges their child is facing, link them to appropriate treatment resources, and help them become advocates for their child both in their school and community,” says Director Monica Ultmann, MD, who was recruited last year from Cardinal Glennon Children’s Medical Center/St. Louis University School of Medicine in St. Louis, to head the CCSN.

“There will never be enough health care providers to do the necessary advocacy for these kids, so we teach parents tools to advocate for their child at school, in the community, at camp — wherever children spend their time,” adds Ellen Perrin, MD, the center’s former director who is now its Director of Research.

When asked for an example to illustrate how the CCSN has an impact on the lives of the children and families it serves, Ultmann replies: “It’s not atypical for parents to bring in their four- or five-year-old son or daughter who they’ve been concerned about since infancy. If they have other children, they often recognize that this child is different from his brothers and sisters — maybe his speech is delayed, he was hard to hold as an infant, and eye contact is hard to get...”

“After a multidisciplinary evaluation, we can most often give the parents a definitive diagnosis,” Ultmann continues. “And it’s invariably a tremendous relief for them — the symptoms they’ve been seeing for so long are finally explained and demystified. And it gives the parents something they can work with, learn about, and use to advocate for the child in school. It’s often very poignant.”

The professionals of the CCSN not only clarify the diagnosis of developmental and behavioral problems, but the Center emphasizes one of the most important messages Ultmann wants to convey to referring physicians. “We encourage physicians to send children to us as early as possible if they suspect a developmental delay,” she says, noting that autism spectrum disorder (ASD) — one of the most prevalent developmental disorders — typically appears during the first three years of life. “The earlier a problem is recognized, the better.”

“Our relatively short wait time for an appointment ensures that patients will be seen as soon as possible,” she adds.

While ASD is one of the most common developmental disorders that Ultmann and her team are called on to evaluate, they evaluate a wide

range of conditions, including communication disorders such as speech and language delay and apraxia of speech, attention deficit hyperactivity disorder (ADHD), learning disabilities, global developmental delay, behavioral disorders and neurological disorders such as Tourette syndrome and other tic disorders.

“We are increasingly seeing very complex developmental and behavioral problems, which is an appropriate use of our resources,” Perrin notes, acknowledging that community-based primary care physicians are doing a very good job of caring for children with straightforward developmental problems and referring more complicated cases to the Center.

The clinicians on the CCSN team include specialists in developmental-behavioral pediatrics, neurodevelopmental pediatrics, neuropsychology, education, social work, mental health, and speech-language pathology.



From left to right: Monica Ultmann, MD, Director of CCSN, Ellen Perrin, MD, Director of Research, and Karen Miller, MD.

“The collective professional expertise here is huge,” Ultmann says of the CCSN team. “Their experience and breadth of knowledge are amazing.” It’s what enables the center to provide such a comprehensive, multidisciplinary team approach to caring for kids with disabilities and their families.

“Instead of a primary care physician sending a child to several different specialists for evaluation, it can all be done as a concerted effort in our clinic,” explains Jay Geyer, LICSW, a mental health clinician who also serves as the intake coordinator at the Center. “Our team can look at a patient from a number of different perspectives, and after we’ve all completed our assessments, we sit down together, discuss the challenges for the individual child and family, and work up detailed recommendations for what we think will benefit the child and family.”

continued on next page

DOCTOR'S NOTES

MONICA ULTMANN, MD

Director, Center for Children with Special Needs (CCSN) and Developmental-Behavioral Pediatrics

Medical School

Columbia University College of Physicians and Surgeons

Postgraduate Training

Morgan Stanley Children's Hospital (formerly Babies Hospital) of Columbia University; The Children & Evaluation and Rehabilitation Center, Rose F. Kennedy Center at Albert Einstein College of Medicine

To refer a patient to the Center for Children with Special Needs (CCSN), please call 617-636-8100.

"We also serve as a portal of entry to all the medical and diagnostic resources available within Floating Hospital," Ultmann notes, referring to such services as diagnostic imaging, neurology, psychiatry, and physical, occupational, and speech therapy.

Importantly, the Center's expertise does not reside solely in Boston. "To enhance access and convenience for patients and parents, we have pediatric specialty offices in Woburn, Chelmsford, Framingham and Leominster," Ultmann says, enabling the Center to serve a culturally and socioeconomically diverse patient population. "One of our pediatricians is also a consultant to New England Pediatric Care in North Bil-

elementary students with emotional and behavioral problems, and another is providing computerized attention-training methods for kids with ADHD."

And through a program called Advanced Parenting Education in Pediatrics, funded by the National Institute of Mental Health, the CCSN is creating linkages with the primary care community to educate parents who are dealing with disruptive behavior in two- to three-year-old children. "We're also developing a new surveillance instrument for pediatricians to use to identify kids at risk for developmental-behavioral problems," Perrin adds.

"We're also looking at gay men's experiences of becoming and being fathers," she notes. "There's not a lot of research in this area at all."

On the training front, more than 45 trainees rotate through the CCSN from a wide variety of clinical disciplines. This includes one pediatrician undertaking the Division of Developmental-Behavioral Pediatrics'

accredited three-year fellowship each year (so there are three fellows on board at any one time) as well as residents in general

lerica, an inpatient facility for medically complex children with severe cognitive and neurological impairments."

The CCSN stays on the leading edge with robust research and education programs. "Our research is extremely varied," says Perrin. "One current project deals with long-term outcomes of children with ASD diagnosed before age three. Another is developing a clinical tool that clinicians can use to follow young children with autism, giving us better ways of evaluating children's progress. We're also developing a brief screening test for autism in young children to see if we can encourage pediatricians to do screening earlier, so children get referred and diagnosed earlier."

"We're doing two projects in conjunction with the school systems in Boston and Newton," she continues. "One is providing yoga training to

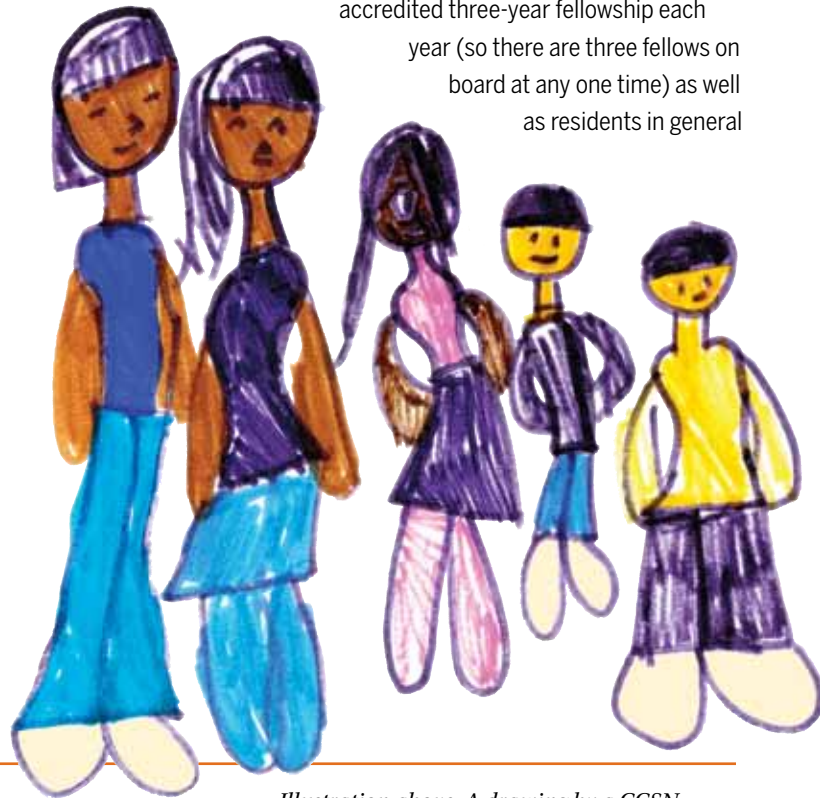


Illustration above: A drawing by a CCSN patient used as part of the assessment process.

Additional Resources: Books and Websites

Developmental-Behavioral Pediatrics: Evidence and Practice: Text with CD-ROM: Mark L. Wolraich MD, Paul H. Dworkin, Dennis D. Drotar, Ellen C. Perrin, MA MD. Mosby Publishing, 2007.

The Zuckerman Parker Handbook of Developmental and Behavioral Pediatrics for Primary Care: Marilyn Augustyn, Barry Zuckerman,

Elizabeth B. Caronna (Editors) Lippincott Williams & Wilkins; Third edition, 2010.

Encounters with Children: Pediatric Behavior and Development: Suzanne Dixon and Martin Stein, Mosby, 4th edition, 2005.

Bright Futures Guidelines for Health Supervision of Infants, Children, and Adolescents—Third Edition: Edited by Joseph F. Hagan Jr. MD;

Judith S. Shaw, RN, MPH, EdD, and Paula Duncan, MD, 3rd edition, available at www.aap.org

The Classification of Child and Adolescent Mental Diagnoses in Primary Care: Diagnostic and Statistical Manual for Primary Care (Dsm-Pc) American Academy of Pediatrics, 1996, available at www.aap.org

Developmental and Behavioral Pediatrics online: www.dbpeds.org

Center for Disease Control: www.cdc.gov/ncbddd/actearly/index.html

American Academy of Pediatrics: www.aap.org/healthtopics/behavementhth.cfm

WORKING TOGETHER

Real experiences from our referring physicians

pediatrics, family practice, and psychiatry, and speech-language, social work, education and psychology students. The CCSN is a training site for the national Leadership Education in Neurodevelopmental Disabilities (LEND) program, which emphasizes learning opportunities that enhance leadership potential at the graduate and post-graduate levels.

“In addition to having first-year residents rotate through to learn about child development, we have an innovative month-long training program for third year residents that is customized to their learning needs,” says Karen Miller, MD, Director of Training. “For example, someone going into hematology/oncology might go to a support group for parents of kids with cancer. Someone going into general pediatrics might participate in an early intervention program. The goal is to encourage the residents to think from a family perspective so they’re more responsive and knowledgeable about what a family really needs in addition to standard medical care.”

“The Center is not only serving the community locally, but it is also nationally recognized for its expertise,” says John Schreiber, MD, Chief Administrative Office and Pediatrician-in-Chief at Floating Hospital. “Dr. Ultmann and her team are service- and access-driven, focused on providing great services to primary health care providers, their patients and families. Weave that in with the latest treatments

and most current knowledge, and it’s what really sets the Center apart.” □



To refer a patient to the Center for Children with Special Needs (CCSN) at Floating Hospital for Children or any of our community locations, please call 617-636-8100. To download the CCSN’s intake forms, please visit www.floating-hospital.org/ccsnforms.

Peter Rappo, MD

Peter Rappo, MD knows Floating Hospital for Children quite well. He spent his training days on the floors of the full-service children’s hospital and stays connected with his mentors still on the staff.



Rappo is a highly regarded pediatrician and physician leader with Pediatric Associates Inc., a three facility practice on the South Shore (Brockton, West Bridgewater, and Hanson) with nine pediatricians, two nurse practitioners, and 50 supporting staff members.

Recently Rappo and his practice announced they would be joining New England Quality Care Alliance (NEQCA), the physician network affiliated with Tufts Medical Center and Floating Hospital for Children. He and his colleagues are looking forward to a great partnership.

Rappo feels that joining NEQCA expands the relationship they have had with Floating for several decades.

“We’ve worked with the specialists at Floating in the past because of the level of service we’ve gotten from them. I’ve always thought the level of communication with the Floating docs was excellent. This affiliation is about expanding our mission — developing a higher level of service here on the South Shore, and Floating Hospital, with its NEQCA physician network, was the best fit for our practice.”

Rappo continues, “This affiliation was an opportunity to grow our relationship beyond what we already had. Under most health plans, we can send patients to any major Boston-area academic medical center, but you really have to make sure you are satisfied with the level of communication and the service you are getting. This is why we chose to affiliate with Floating Hospital and the NEQCA network of physicians.” □

To refer your patients to Floating Hospital for Children at Tufts Medical Center, call 877-KIDS-FHC (877-543-7342).

Have a Story for Us?

At Floating Hospital for Children, we value our referring physician partners and are committed to doing all we can to make it easy for you to refer your patients here. It is our mission to ensure that they, and you, have a positive experience during the entire referral process. If you have a story to tell about your experience with Floating Hospital, please contact us at heathyfutures@tuftsmedicalcenter.org. We would love to include it in a future Working Together column.

MEET OUR New Physicians



FLOATING HOSPITAL FOR CHILDREN AT TUFTS MEDICAL CENTER is constantly adding talented new specialists to meet the needs of you and your patients. Please contact any of these physicians for a consultation or to schedule an appointment for your patients at **617-636-8100**.

CARDIOLOGY



ALISA L. NIKSCH, MD

Pediatric Cardiologist

Medical School: University of Virginia

Residency: University Hospitals of Cleveland/
Rainbow Babies & Children's Hospital

Fellowship: Columbia University Medical Center;

Lucile Packard Children's Hospital at Stanford

Board Certification(s): Pediatrics, Pediatric Cardiology

Clinical Specialties: Cardiac ablation and arrhythmia management, pacemaker/ICD implantation and management, congenital heart disease



LIWEN TANG, MD

Pediatric Cardiologist

Medical School: Sun Yat-shen University of
Medical Science, Guangzhou, China

Residency: Children's Hospital of Michigan

Fellowship: Children's Hospital of Michigan

Board Certification(s): Pediatrics

Clinical Specialties: General pediatric cardiology, echocardiography and fetal echocardiography

Foreign Languages: Mandarin, Cantonese



MARK V. ZILBERMAN, MD

Pediatric Cardiologist

Medical School: Leningrad Pediatric Medical
Institute, St. Petersburg, Russia

Residency: Indiana University Hospitals and
Clinics

Fellowship: Cincinnati Children's Hospital Medical Center

Board Certification(s): Pediatrics, Pediatric Cardiology

Clinical Specialties: Non-invasive diagnostics, fetal cardiology

Foreign Language: Russian

CHILD AND ADOLESCENT PSYCHIATRY



CHRISTOPHER BELLONCI, MD

Child and Adolescent Psychiatrist

Medical School: University of Texas at San Antonio

Residency: Albert Einstein Medical Center

Fellowship: McLean Hospital

Board Certification(s): Adult Psychiatry, Child

and Adolescent Psychiatry

Clinical Specialties: Mediation practices and policies in child welfare, foster care, children's behavioral health initiative, ADHD, trauma, LGBT, psychopharmacology



BRIAN PERRY KURTZ, MD

Child and Adolescent Psychiatrist

Medical School: Ohio State University

Residency: Children's National Medical Center,
The Cambridge Hospital

Fellowship: Massachusetts General Hospital;

McLean Hospital

Board Certification(s): Psychiatry

Clinical Specialties: Child and adolescent psychiatry

CRITICAL CARE



KAREN R. FAUMAN, MD

Pediatric Critical Care

Medical School: University of Michigan

Residency: University of Michigan

Fellowship: University of Michigan

Board Certification(s): Pediatrics

Clinical Specialties: Pediatric critical care, palliative care, ECMO, psychosocial effects of critical care, respiratory failure, septic shock

GENERAL PEDIATRICS AND ADOLESCENT MEDICINE

HAIYUN GONG, MD

Pediatrician

Medical School: Sun Yat-Sen University of Medical Sciences, Guangzhou, China

Residency: New York Methodist Hospital

Clinical Specialties: General pediatrics and adolescent medicine

Foreign Languages: Mandarin, Cantonese

GENERAL SURGERY



BILL CHIU, MD

Pediatric Surgeon

Medical School: Northwestern University
Feinberg School of Medicine

Residency: McGaw Medical Center; Northwestern University

Fellowship: Children's Hospital of Philadelphia, University of Pennsylvania

Board Certification(s): General Surgery

Clinical Specialties: Minimally invasive surgery, neonatal surgery, pediatric surgical oncology, thoracic surgery

NEUROLOGY



DAVID GRIESEMER, MD

Chief, Pediatric Neurology

Medical School: Johns Hopkins University

Residency: Johns Hopkins University

Fellowship: University of Michigan Hospitals

Board Certification(s): Child Neurology

Clinical Specialties: Seizures and epilepsy, neurobehavioral disorders and traumatic brain injury

NEWBORN MEDICINE

TYLER HARTMAN, MD

Neonatologist

Medical School: Kigezi International School of Medicine, Kabale, Uganda

Residency: Mayo Clinic

Fellowship: Children's Hospital Boston

Board Certification(s): Pediatrics

Clinical Specialties: Neonatology

OTOLARYNGOLOGY/ENT



ANDREW SCOTT, MD

Pediatric Otolaryngologist

Medical School: Harvard Medical School

Residency: Massachusetts Eye and Ear Infirmary

Fellowship: University of Minnesota

Board Certification(s): Otolaryngology—Head & Neck Surgery

Clinical Specialties: Cleft lip and palate surgery, cleft rhinoplasty, speech surgery, vascular anomalies, mandibular distraction osteogenesis, endoscopic and laser airway surgery, open airway surgery, EXIT procedures, otologic surgery including cochlear implantation, head and neck surgery and endoscopic sinus surgery

Floating Hospital for Children and its community affiliates are also pleased to welcome the following hospitalists:

TAMARA FELICIANO ALVARADO, MD

Hospitalist, Morton Hospital and Medical Center

JULIA AQUINO, MD

Hospitalist, MetroWest Medical Center

LINDA BISHOP, MD

Director, Hospitalist Program, Morton Hospital and Medical Center

SONIA CHAUDHRY, MD

Hospitalist, Morton Hospital and Medical Center

ESTELLA ESCOBAR, MD

Hospitalist, Lawrence General Hospital and Lowell General Hospital

JOANNA LEYENAAR, MD

Hospitalist, MetroWest Medical Center and Lowell General Hospital

MELISSA MAURO SMALL, MD

Hospitalist, Morton Hospital and Medical Center

MOHINI PATEL, MD

Hospitalist, Morton Hospital and Medical Center

NICOLE RANDAZZO, MD

Hospitalist/Nephrologist, MetroWest Medical Center □

A stylized illustration of a child's head in profile, facing right. The head is rendered in a dark blue silhouette. Inside the head, a detailed, light blue brain is shown, with its gyri and sulci clearly defined. The brain is connected to a dark blue brainstem and spinal cord that extends downwards. The background is a gradient of blue, with a darker blue at the top and a lighter blue at the bottom. The overall style is clean and modern, with a focus on the brain and the child's head.

Pediatric Neurology

*A new leader emphasizes
responsiveness*

National expert
David Griesemer, MD,
joins Floating Hospital as
Chief of Pediatric Neurology

AFTER 17 YEARS AT THE MEDICAL UNIVERSITY OF SOUTH CAROLINA IN CHARLESTON, DAVID GRIESEMER, MD BECAME FLOATING HOSPITAL'S CHIEF OF PEDIATRIC NEUROLOGY THIS PAST SUMMER. WHAT LURED HIM NORTH OF THE MASON-DIXON LINE?

Not only do I like the people here, they've got a work ethic similar to mine, and I felt like I just fit in."

Griesemer is applying that work ethic to further strengthening Floating's Pediatric Neurology Division.

"The folks in the division are already strong in seizures and epilepsy, tics and movement disorders, head injury and neuro-behavioral disorders," he says.

"We work closely with our colleagues at the Center for Children with Special Needs on the latter, partnering with them to help patients who may have more complicated neurological problems occurring in the context of learning disabilities, ADHD or suspected autism."

"We also have excellent neuro-imaging and electroencephalography capabilities, and superb neurosurgical support," he continues. "And we have a close relationship with Neonatology, working together to care for children who are suspected of having a brain injury as a result of early or difficult birth."

Griesemer sees many opportunities for growing the services and specialties of the Division. "We have great plans for the future which include strengthening the epilepsy program and developing a pediatric epileptic surgery component," Griesemer says. "And we're very interested in becoming part of Floating Hospital's outreach into various communities outside Boston in the near future. We not only want to provide excellent care but promote accessibility to that care by bringing our tertiary expertise to the community."

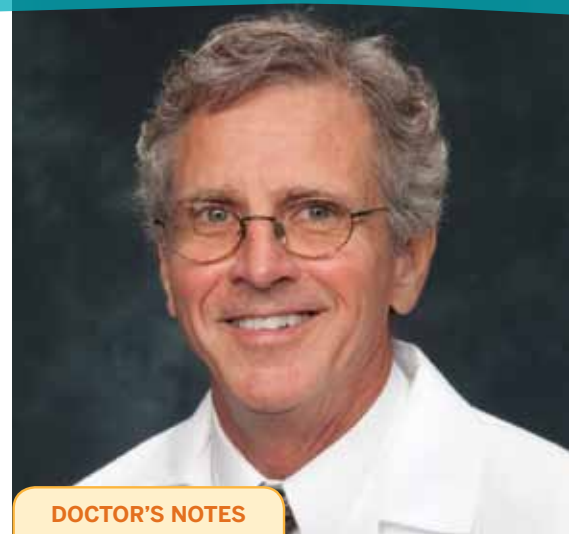
"My goal is for our division to be noted locally for its responsiveness," he says.

"If referring physicians need their patients to be seen urgently or have any issues scheduling an appointment,

First, it was the tremendous excitement I sensed within Floating Hospital's Department of Pediatrics for rebuilding an outstanding program," he says without hesitation.

"Second, I was pleased with the universal emphasis on patient care — something that sometimes gets compromised in an academic environment. Third, I was very impressed by the quality and energy of the faculty here. It's a very diverse faculty, but uniform among everyone is tremendous enthusiasm for delivering quality, accessible patient care. I was also impressed by the quality of students, residents and fellows who are training here. And I was attracted by the energy and innovation that's apparent at Floating Hospital."

Griesemer was sure he had found the right opportunity during his initial visit to Floating. "When I met my wife, I knew on our first date that we'd get married," he says. "I got the same sense when I first visited Floating Hospital.



DOCTOR'S NOTES

DAVID GRIESEMER, MD

Chief, Pediatric Neurology
Professor, Tufts University School of Medicine

Medical School

Johns Hopkins University

Postgraduate Training

Johns Hopkins University; University of Michigan Hospitals

Board Certification

Child Neurology

Clinical Specialties

Seizures and epilepsy, neurobehavioral disorders, and traumatic brain injury

I encourage them to give one of our faculty members a call directly to discuss their needs and expedite getting their patients seen."

"I want to develop good working relationships with physicians in the community," he adds. "And I want them to know that we care as much about their patients as they do." □

To refer a patient to Floating Hospital for Children's Department of Neurology, please call 617-636-8100.

ON CALL

A regular feature introducing the specialists at the Floating Hospital for Children at Tufts Medical Center

CHILD AND ADOLESCENT PSYCHIATRY

ONE OUT OF FIVE AMERICAN CHILDREN has a mental health challenge that interferes with the child's ability to do well at home, at school, in the neighborhood or with peers. It is these children who Floating Hospital for Children's Division of Child and Adolescent Psychiatry is here to serve.

The Division sees patients with a wide array of mental health disorders such as disorders with social interaction, anxiety, depression or trauma responses, ADHD and conduct disorders, appetite disorders and substance abuse, learning disorders, schizophrenia, bipolar disorders, and more.

John Sargent, MD, Chief of the Division of Child and Adolescent Psychiatry, and his team work very closely with the referring physician and other pediatric specialists at the Floating, including physicians with the Center for Children with Special Needs (CCSN), pediatric neurology, genetics and metabolic services, hematology/oncology and the general pediatric service. This collaboration involves weekly case conferences with all clinical psychiatrists, neuropsychologists, social workers, staff psychologists, residents and nursing staff. These case conferences enable the staff involved to have detailed discussions on each patient to ensure the best possible treatment plan.

Sargent and his team play a critical role outside the hospital in educating and working with the communities where their patients live and interact with others. His team works with agencies and community groups such as the Boy Scouts or Boys and Girls Clubs of America to educate their staff and other parents about child and adolescent mental illnesses and to encourage expectation changes, tolerance and understanding. In addition, Floating has a relationship with the Walker School for children needing residential and day programs for care.

Floating Hospital for Children offers a wealth of expert specialists to assist you in the care of your patients. During the past several years, we have added new physicians in many specialties to better serve you. This feature highlights several of our newest physicians, your newest referral resources. **To learn more about our new specialists, visit floatinghospital.org and click on "find a physician."** Or call 617-636-3252 to request a copy of Floating Hospital's Physicians Referral Guide.

Sargent states, “We take a comprehensive and precise approach that helps parents understand their child better, helps parents be able to parent their child more successfully, helps the school be able to figure out what kind of educational program a child needs, and helps the community figure out what level of support the family needs in order to raise that child successfully. We try to help the child fit better in their environment and try to help the environment make accommodations so that the child fits better.” He continues, “What we are ultimately trying to do is help the child have as much of a normal life as possible.”

Referring physicians can expect prompt communication from Floating physicians and are always available for any questions or concerns regarding their patients. Sargent states, “What’s most unique about our service is our expert comprehensive care, partnership with the families and communities, and our collaboration with both internal and external services and groups to help the child live a normal life.” □

To refer your patients to the Division of Child and Adolescent Psychiatry at Floating Hospital for Children at Tufts Medical Center, call 617-636-5731.



ALBERT JOHN SARGENT III, MD
Chief, Child and Adolescent Psychiatrist
Vice Chair, Child and Adolescent Psychiatry

Medical School: University of Rochester School of Medicine
Postgraduate Training: University Hospitals, Madison, WI; Philadelphia Child Guidance Clinic and University of Pennsylvania
Board Certification(s): Pediatrics, Psychiatry, Child and Adolescent Psychiatry



CHRISTOPHER BELLONCI, MD
Child and Adolescent Psychiatrist
Medical School: University of Texas

Postgraduate Training: Albert Einstein Medical Center; McLean Hospital
Board Certification(s): Adult Psychiatry, Child and Adolescent Psychiatry



ELINA CYMERMAN, PHD
Child and Adolescent Psychologist
Medical School: Oberlin College; University of Chicago; MA School of Professional Psychology

Postgraduate Training: Cambridge Hospital; Dana-Farber Cancer Institute



JOSEPH J. JANKOWSKI, MD
Psychiatrist

Medical School: Tufts University School of Medicine
Postgraduate Training: Tufts Medical Center; Yale-New Haven Hospital

Board Certification(s): Pediatrics, Psychiatry, Child Psychiatry



KAYOKO KIFUJI, MD
Psychiatrist

Medical School: Tokyo Women’s Medical College
Postgraduate Training: Tokyo Women’s Medical College-

Daini Hospital; The National Medical Center, Japan; Kudanzaka Hospital; Hakujikai Memorial Hospital; Floating Hospital for Children

Board Certification(s): Pediatrics, Psychiatry, Child Psychiatry



BRIAN KURTZ, MD
Psychiatrist
Medical School: Ohio State University
Postgraduate Training:

Children’s National Medical Center; The Cambridge Hospital; Massachusetts General Hospital; McLean Hospital
Board Certification(s): Psychiatry



JUDITH E. ROBINSON, MD
Medical Director, College Learning and Attention Deficit Hyperactivity Disorder Program
Attending Psychiatrist

Medical School: Tufts University School of Medicine
Postgraduate Training: Tufts Medical Center
Board Certification(s): Psychiatry, Child and Adolescent Psychiatry



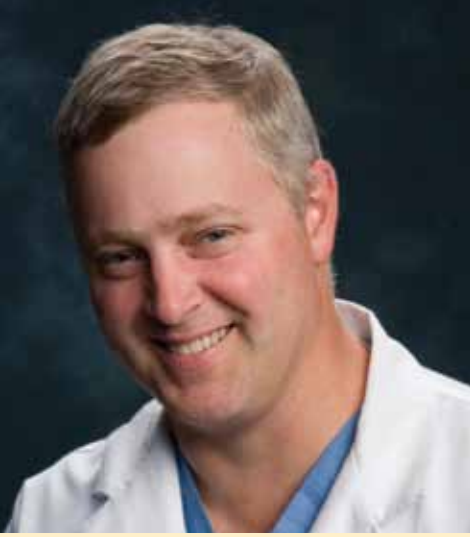
HOPE E. SCHREIBER, PSYD, ABPP/CN
Director, College Learning and Attention Deficit Hyperactivity Disorder Program

Neuropsychologist/Psychologist
Medical School: Massachusetts School of Professional Psychology
Postgraduate Training: Faulkner Hospital
Board Certification(s): Neuropsychology



SMITA SRIVASTAVA, MD
Child and Adolescent Psychiatrist

Medical School: Tufts University School of Medicine
Postgraduate Training: Tufts Medical Center
Board Certification(s): Adult and Child Psychiatry



Health Sheet

PEDIATRIC CONCUSSIONS

Understanding Concussions and Their Effects

with Carl Heilman, MD

Neurosurgeon-in-Chief

CARL B. HEILMAN, MD

Neurosurgeon-in-Chief

Medical School

University of Pennsylvania School of Medicine

Postgraduate Training

Tufts Medical Center

Board Certification

Neurosurgery

Clinical Specialties

Meningiomas, acoustic neuromas, skull base surgery, pituitary surgery, pediatric neurosurgery and Chiari surgery

DOCTOR'S NOTES

To refer a patient to the Division of Pediatric Neurosurgery at Floating Hospital for Children at Tufts Medical Center, call 617-636-5860.

ACCORDING TO THE CENTERS FOR DISEASE CONTROL an estimated **1.7 million people in the United States sustain a Traumatic Brain Injury (TBI) each year. About 75 percent of TBIs that occur annually are concussions or other forms of mild TBI. Almost half a million U.S. emergency room visits for TBI are made each year by children, newborn to 14 years old.**

Carl Heilman, MD, Neurosurgeon-in-Chief at Tufts Medical Center and Floating Hospital for Children, answers some common questions about childhood concussions.

What is a concussion?

A concussion is an immediate and transient impairment of neural function such as alteration of consciousness, memory loss, impaired vision or dysequilibrium that occurs after head trauma. Concussions are brain injuries that are caused by a bump or jolt to the head that can range from being “mild” i.e., a brief change in mental status or consciousness to “severe” i.e., an extended period of unconsciousness or amnesia after the injury.

What are some of the common ways that children get concussions?

The most likely mechanism for suffering a concussion varies with age. In early childhood, the most common cause is fall from a height — such as being dropped, slipping off a changing table, falling off a bed or falling out of a carried car seat. Non-accidental head injury such as child abuse is another possible mechanism. As the infant begins walking and climbing, falls down stairs or out a window cause concussions. Later on, the child may get a concussion from a bicycle accident, a sports injury (football, hockey, skiing, snow-boarding, horseback riding) or a motor vehicle accident.

What are the signs or symptoms of a concussion that parents should be aware of?

After a head injury, parents should look for signs of a headache, nausea, vomiting, altered consciousness, memory loss, disequilibrium and/or severe fatigue. Other less apparent symptoms may include irritability, change in eating or sleeping patterns, change in the way the child plays or acts at school, loss of new skills and/or loss of balance.

If my child suffers a head injury, how do I know if I should bring him or her to the emergency room?

A child should be brought to the emergency room after an injury if he/she has a loss of consciousness, post traumatic nausea/vomiting, altered consciousness or any other neurologic symptoms (slurred speech, seizures, agitation, decreased coordination or having one pupil larger than the other).

How is a concussion treated?

Children who have experienced a significant concussion are often evaluated with a CT scan. If there is no visible intracranial injury, then the patient is observed neurologically for evidence of deterioration. We then treat the patient symptomatically; for example, headaches can be treated with non-sedating medications and nausea/vomiting cases are treated with intravenous fluid and antiemetics. Parents and caretakers can help their child to heal by allowing him or her to rest, making sure the child avoids activities that could lead to a second concussion, only giving the child medicine that is approved by the doctor, and by sharing information of the concussion with others who interact with the child. If the child suffers a serious head injury, the doctor may require the child to be hospitalized, monitored and treated by specialists.

If my child suffers a concussion in a sporting event, how long should I keep my child from playing that sport again?

The child should remain out of sporting activities for two weeks or until all post-concussive symptoms have completely resolved, whichever is

longer. This also means that your child should not participate in physical education (PE) class or physical activity at recess during this period. It is always a good idea to check back in with your child's primary care physician before having him or her return to physical activity.

Are there any long term effects of concussions in children?

This depends on the severity of the concussion and whether the child has ever experienced a concussion in the past. It is important to protect your child from having repeated concussions because this may lead to long-term problems such as difficulty concentrating, headaches, memory lapses and impaired balance.

How can I help to prevent my child from sustaining a head injury?

Never leave a child unattended on a changing table, bed or other high object. When carrying a child in a car seat, be careful not to swing the car seat too vigorously. Make sure windows are closed and locked and/or screens are securely in place. Stair cases should be closed off or blocked from access to toddlers. Make sure your child wears proper head protection when playing contact sports, as well as other sports that could involve falls (skiing, skateboarding, etc.) and always make your child wears a seat belt. □



RESOURCES

<http://www.cdc.gov/concussion/index.html>

http://www.cdc.gov/concussion/pdf/TBI_factsheets_PARENTS-508-a.pdf

Floating Hospital for Children

at **Tufts** Medical
Center

800 Washington St., #294
Boston, MA 02111

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Schedule a Clinic Visit

To refer a patient to one of our specialty clinics in Boston,
call 617-636-8100.

For our Chelmsford Specialty Center, **call 978-937-6362.**

For our Woburn Specialty Center, **call 781-897-0240.**

For our Framingham Specialty Center, **call 866-618-5518.**

Admit a Patient

For inpatient admission, **call our Hospitalists at
877-KIDS-FHC (877-543-7342).**

Have Our Physicians Visit You

Interested in hearing directly from our physicians? If you
would like to schedule a meeting with any of our physicians
or have them to your hospital for grand rounds or other
educational sessions, **please contact our Physician
Liaison Erin Flaherty at 617-636-3252 or
eflaherty@tuftsmedicalcenter.org**

Working Together for Healthy Futures is for pediatricians
who are interested in learning more about referring pa-
tients to Floating Hospital for Children at Tufts Medical
Center. We value your partnership with us and want your
patients, their families and you to have a positive experi-
ence. Our physicians at Floating Hospital recognize that
children and families must be cared for as individuals, and
their overall physical and emotional health, not just their
illness, is essential. It is our mission to treat each of your
patients as if he or she was our own child.

Working Together for Healthy Futures is published
by Floating Hospital for Children's Department of
Public Affairs and Communications. **Please contact
us at 617-636-0200 or [healthyfutures@
tuftsmedicalcenter.org](mailto:healthyfutures@tuftsmedicalcenter.org)**

*Floating Hospital for Children at Tufts Medical Center is the principal
pediatric teaching hospital for Tufts University School of Medicine*
www.floatinghospital.org

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