

Unparalleled Expertise

Tufts Medical Center Specialists Provide Coordinated Care for a Double Transplant Patient

A routine day for 58-year-old Peter Kelly includes reading the morning paper and enjoying time in his garden. But a physical exam four years ago was anything but routine. Fortunately for Pete, a California native, he'd fallen for a Boston girl several years prior and found himself in the best place he could be to receive care for the complex medical issues doctors were about to uncover. If it weren't for the compassion and medical expertise of doctors and nurses at Tufts Medical Center, Pete and his wife Jennifer may very well not have celebrated their sixth wedding anniversary last January.

After his check-up, Pete's primary care physician referred him to a community cardiologist who ordered a cardiac catheterization that found more than expected. Pete's heart had blockages, scar tissue from previous heart attacks he didn't even know he had, arrhythmias, and a severe ejection fracture cardiomyopathy, meaning his heart was barely pumping. Immediately, Pete was transferred into the care of Tufts Medical Center's CardioVascular Center whose world-class physicians, known for working closely with community specialists, spent several weeks meticulously mending his heart. His heart was too weak to undergo the complex surgery required to fix all the damage at once, so doctors performed a series of three surgeries. Pete was able to leave the hospital with an ICD (implantable cardioverter defibrillator) that would keep his heart going for the next year.

After going through three ICDs, all of which saved his life on many occasions, it was clear Pete needed a new heart. Complicating his situation was his congenital Polycystic Kidney Disease. Pete was put on the list for a double transplant: a new heart and a new kidney.



The Kellys meet Afshin Ehsan, MD, the cardiothoracic surgeon who performed Pete's heart transplant, for the first time after Pete's surgery.

Tufts Medical Center's heart and kidney transplant programs are some of the best in the region. Thanks to the Tufts Medical Center physicians and nurses and Pete's determination, Pete went home just 12 days after his double organ transplant.

Now Pete's routine includes regular check-ups at Tufts Medical Center's Heart Transplant and Kidney Transplant clinics, traveling to visit family and more yard work. Pete was feeling so good this past June, he joined Team Heart Throbs in the Tufts Medical Center Harbor Walk & Run and raised more than \$3,000 to support the Heart Failure and Cardiac Transplant Center. (See his team picture on page 3.)

{2} WORKING WONDERS honorees announced

MESSAGE OF appreciation

Good afternoon Dr. Eric Smith,

I apologize for the delay in writing to you; I have no excuse except life is busy with small children as I am sure you know. I don't know if you will remember us, but you will never be forgotten in our family. My daughter Maddison fell and broke her arm on her field trip to the Children's Museum back in April. It is a day that I will never forget, as I was there to watch the fall and could not catch her. We were transported to Floating Hospital for Children at Tufts Medical Center, which I have to say was a wonderful experience under the circumstances. We believe Maddison received the best care possible—hats off to the staff in the Pediatric Emergency Room. There was a Child Life specialist there who made sure Maddison was never left alone and explained everything to her in terms that she could understand. She made the situation less scary for us.

Now for our sincere thanks to you and your staff. My husband and I were terrified to hear that our "Princess" had to have surgery to fix her arm, a million things were going through our minds, anesthesia, you think of the things that could happen, etc. You set our minds at ease as much as possible; you explained exactly what you were hoping to do. You also told us that you also had a daughter around Maddison's age, which made me feel like you would take care of our daughter as if she was yours. It was a long 2 hours but when the anesthesiologist came out and said everything went fine we were so relieved. You did amazing work, you would never know her arm had been broken; she is back to her old self being a kid. She even participated in her dance recital. We are very grateful to you, especially knowing that your specialty is hips and knees. I hope you don't mind but, I am definitely going to keep that in mind in case I need a replacement in the future.

Thank you again from the bottom of our hearts.
Robin Craven and Family



Maddison made her First Communion shortly after surgery, and thanks to Dr. Smith's care, she is now back to being a kid again.

LOOKING FOR A SPECIAL GIFT?

Give a gift of tribute in honor or memory of someone this holiday season.

Visit www.tuftsmedicalcenter.org/give to make your gift online or call 617-636-7656.

A VOICE FROM Tufts Medical Center

Linda Ordway, NP
Cardiomyopathy Unit, CVC



One of the things that has always struck people about the culture here is that it's very homey—that it's very family oriented. We include the family in everything we do for the patient. We care for the family almost as much as we care for the patient. There really is no limit to the things we do sometimes to make life as normal as possible for patients. I think that's unique about our unit and about our institution, that we welcome families into it.

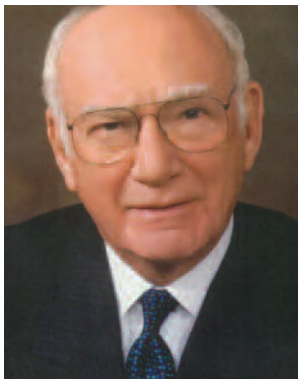
WORKING WONDERS FOR TUFTS MEDICAL CENTER

WORKING WONDERS ANNUAL BENEFIT DINNER TO HONOR A. RAYMOND TYE AND DEEB SALEM, MD WITH LIFETIME ACHIEVEMENT AWARDS ON FEBRUARY 25, 2010.

Proceeds from the **Working Wonders** dinner support the compassionate care, leading-edge research and exemplary education and training of young physicians that make Tufts Medical Center stand out.

MR. A. RAYMOND TYE

Mr. Tye is the President of The Ray Tye Medical Aid Foundation and Chairman Emeritus of United Liquors. He is one of the foremost philanthropists in Boston and has been extraordinarily supportive of Tufts Medical Center over many years, transforming it in myriad ways. Most recently, The Ray Tye Medical Aid Foundation helped make possible lifesaving triple bypass surgery for a CardioVascular Center patient in need and also purchased a PASCAL laser for the New England Eye Center. Mr. Tye's humility and kindness are inspirational.



DEEB SALEM, MD

Dr. Salem is a cardiologist and serves as Physician-in-Chief at Tufts Medical Center. He is also the Sheldon M. Wolff Professor and Chairman of the Department of Medicine at Tufts University School of Medicine. In his 37 years at Tufts Medical Center, Dr. Salem's outstanding clinical abilities and personalized patient care have made him one of Boston's most revered cardiologists. The Medical Center is delighted to honor his countless accomplishments as a physician, teacher, colleague and friend.



Learn more at www.tuftsmedicalcenter.org/workingwonders

2009 HARBOR WALK & RUN BREAKS RECORDS FOR TUFTS MEDICAL CENTER



(1)

HARBOR WALK & RUN

June's Harbor Walk & Run raised more than \$261,000 to support Tufts Medical Center's clinical care, research and outreach programs. Despite the rain at the start of the event, more than 1,000 dedicated walkers and runners and a total of 87 teams turned out.

As participants finished the walk and run, the sun came out, which made for a great afternoon for the family festival. The Harbor Walk & Run's biggest group of participants ever enjoyed music and entertainment as well as activities for the children.

Save the date for the 8th Annual Harbor Walk & Run on June 13, 2010.



(2)

(1) The Heart Throbs team had more than 100 participants and raised more than \$34,000 for the Heart Failure and Cardiac Transplant Center. (2) Team CCSN (Center for Children with Special Needs) celebrated the department's 20th anniversary with a reunion after the walk. (3) Boston Celtics legend Jo Jo White came out to support walkers and runners



(3)

top fundraisers & teams

TEAMS

1. The Heart Throbs
2. Chernobyl Children's Project
3. Miles for Smiles
4. Senior Team
5. METABOLITES

INDIVIDUALS

1. John Kulig
2. Ellen Zane
3. Ron Hill
4. Edward Lynch
5. David DeNofrio

IN-KIND DONATIONS

- 1st and Fresh
- Aramark
- Beacon Fruit
- Corazanos
- D'Arrigo Brothers
- Garelick Farms
- Mix 98.5
- POWERade
- Shaw's Supermarket
- SmartWater
- Yell-O-Glow
- WCVB

Ed and Dianne Lynch were among the top individual fundraisers, participating in memory of their son Jack, who lost his battle with cancer in 2006.



CYCLE FOR LIFE HAS **best year ever**



CYCLE FOR LIFE

Nearly 300 riders braved the rain on Saturday, September 12th to ride 25 miles throughout the North Shore to raise money and awareness for Floating Hospital for Children's Child Life Program for kids with cancer. The event raised more than \$180,000.

Olympic Gold Medalist and Marblehead native Tyler Hamilton joined this year's riders and rode alongside the dedicated group. Cyclists returned to Devereux Beach in Marblehead for a BBQ and raffle.

"Undergoing treatment for cancer is a battle for anyone, but it is particularly difficult for children and their families. Our Child Life Program makes sure that kids being treated feel like kids, not just patients. And by helping kids feel better, our program helps them heal. Parents, seeing their children at play, being supported by our Child Life specialists, experience a remarkable lifting of their own burdens. The child, the family and the staff all benefit from the Child Life Program," says Howard Grodman, MD, Director of Pediatric Bone Marrow Transplantation and Founder of Cycle for Life.



2009 Top Fundraisers & Teams

INDIVIDUALS

1. Rick Hill
2. David Shinney
3. Kellie Sprague
4. John Cordeiro
5. Peter Zane

TEAMS

1. Mia's Team
2. Staley's Riders
3. Brave Little Bumblebee Megan
4. Fast Foodies
5. Sophie's Scream Team

RADIO SPONSOR



IN-KIND DONATIONS

- | | |
|---------------------------|--------------|
| Bear Naked | Hood |
| Cascadian Farm | Izze |
| Catering with Distinction | Native Water |
| Food Should Taste Good | Trader Joe's |

900 miles

FOR A FRIEND AND MORE THAN \$11,000

TOWARD A CURE



What is the definition of a devoted friend? For Bob Morrissey, a Tufts Medical Center appendiceal cancer patient, the answer is Leif Thornton. The pair recently organized and rode a 900-mile bike trek across New England to raise money for cancer research in Morrissey's honor. The two men have been friends for 28 years, and are both members of Teamsters Local 82. Their fundraising efforts took Bob and Leif to 25 union halls in six states to raise more than \$11,000 for the Peritoneal Surface Malignancy Program at Tufts Medical Center to help research cancer of the appendix.

Third-party fundraising events can make a huge difference for Tufts Medical Center. To learn more about how you can organize an event to benefit the Medical Center or Floating Hospital for Children, contact us at 617-636-7656.

above: Leif Thornton and Bob Morrissey. photo by Ellen Harasimowicz



**Tufts Medical Center's
WORKING WONDERS
annual dinner**

**Thursday, February 25, 2010
The Westin Copley Place, Boston**

Join Tufts Medical Center and Floating Hospital for Children for this special evening to recognize outstanding individuals within the Medical Center community.

For event information, call Mallory Todesco at 617-636-4265 or visit www.tuftsmedicalcenter/workingwonders.



**HARBOR
WALK & RUN**

Harbor Walk & Run

**Sunday, June 13, 2010
Carson Place, South Boston**

Walk or run along a beautiful stretch of South Boston Harbor in the 8th annual event to benefit Tufts Medical Center and Floating Hospital for Children. The day includes a spirited family festival and fun for participants of all ages.

For more information, visit www.harborwalk.kintera.org or call Mallory Todesco at 617-636-4265.



TUFTS MEDICAL CENTER AND FLOATING HOSPITAL FOR CHILDREN NOW HAVE THEIR OWN LOGO E-STORE TO MAKE SHOPPING FOR LOGO MERCHANDISE EASY AND FUN. PLUS, YOU CAN GIVE BACK TO THE HOSPITAL AT THE SAME TIME!

The Logo E-Store features a large selection of items and apparel. All embroidered items are made to order with either the Tufts Medical Center or Floating Hospital logo. The products are reasonably priced and a percentage of every sale goes back to the hospital.

Get your logo merchandise by clicking on the "Logo E-Store" link at the top of www.tuftsmedicalcenter.org or www.floatinghospital.org.