Tufts Medical Center’s surgeons work together across a variety of disciplines to make sure that every patient receives the care that they need and deserve. We will always put you first and incorporate you and your family in any decision-making that occurs while you’re in our care. We are dedicated to making you feel comfortable with our team and the care that we provide.

Tufts Medical Center provides world class surgical care for patients of all ages.
You have been scheduled for surgery at Tufts Medical Center on ____________________________.

Due to the complexity of the Operating Room schedule we are unable to provide your final arrival time until the day prior to surgery. After 2pm on the day prior to surgery please call 617-636-TIME (8463) to confirm your expected arrival and surgical time. Your arrival time is: ____________________________.

We ask that you arrive at the Surgical Check-In on the 5th floor of the South Building 2 hours prior to your planned surgical time. This allows ample time for registration and our clinical team to assess and prepare you for your procedure.

- If you become ill with a fever, sore throat or have a change in your health in the days prior to surgery, please contact your surgeon or Primary Care Provider as soon as possible.
- If you have questions or concerns regarding the planned anesthesia, please call the Center for Pre-Operative Assessment between 8am and 4:30pm: 617-636-7538

Day of Surgery Reminders
- Do NOT have anything to eat after midnight on the night before your procedure. This includes mints, gum and candy.
- You may have water or sports drinks (Gatorade®, Powerade® or Pedialyte®) up until 2 hours before your arrival time.
- If you are instructed to take your medications on the day of surgery you may do so with a sip of water (applesauce or other foods are not permitted).
- Wear comfortable clothing that allows for easy dressing.
- Remove all jewelry and body piercings, leaving them at home.
- Do NOT wear make-up, hair spray, nail polish, body lotion, deodorant, cologne, perfume or aftershave.
- If you have a co-payment related to your visit, it will need to be paid on the day of your surgery. If you have a deductible or co-insurance payment related to your surgery, please make payment arrangements with financial coordination at 617-636-6013.
- Do NOT bring extra cash or credit cards with you unless they are needed to pay your co-payment.
- Do NOT bring valuables including electronics with you to the hospital.
- Bring a photo ID and a copy of your health insurance card.
- Bring a list of your current medications including herbal supplements.
- For your comfort, and the comfort of our other patients, please limit the number of family members who accompany you on the day of surgery. Siblings and children other than the patient are not permitted in the Pre-op or Post Anesthesia Care areas.
- Make arrangements to have a responsible adult available to accompany you home if you are being discharged on the same day as your surgery.