

APPOINTMENT CHECKLIST

Prior to going to your appointment, use this checklist to ensure you have brought all you will need with you!

- Insurance Card**
- Form of Payment (for co-pay)**

Online Toolkit Forms

- What You Want To Cover: Concerns, Goals and Questions**
- Symptom Journal**
- Medications Log**
- Family History Log**
- Vaccination Log**
- Hospitalizations and Surgeries Log**
- Health Problems Checklist**
- Health Behaviors Checklist**
- Females Only: Menstrual Period Checklist**