

VACCINATION LOG

Consider obtaining your vaccination record(s) from your Pediatrician or PCP and using this handy tool to keep track of them. We suggest you update this log and keep it with the certificates of vaccinations as you receive them or attach it to the records you already have.

Are you up to date with your current vaccinations? Yes No Don't know

Vaccine	Yes	No	Date of Most Recent
Tetanus (Td/Tdap) Tdap protects you from Tetanus (lockjaw), Diphtheria (thick coating which forms in back of throat) and Pertussis (whooping cough).			
Pneumococcal Pneumococcal disease is caused by bacteria which can lead to ear, lung (pneumonia), blood (bacteremia) or the covering of the brain and spinal cord (meningitis) infections.			
Meningococcal (Meningitis) Meningitis is a serious bacterial illness; an infection of the covering of the brain and spinal cord.			
HPV (Gardasil) The HPV (human papillomavirus) vaccine protects you from the HPV sexually transmitted virus which can cause cancer.			Shot 1: _____ Shot 2: _____ Shot 3: _____
Influenza (Flu Shot) The Flu is caused by the influenza virus which spreads every year, usually between October and May. It can lead to pneumonia and blood infections.			
Hepatitis A The Hep A virus causes a serious infection that affects the liver.			
Hepatitis B The Hep B virus causes a serious infection that affects the liver.			
Measles, Mumps & Rubella (MMR) This 3-in-1 vaccine protects you from a range of symptoms which can lead to infections, pneumonia, seizures, deafness, meningitis and death.			