

## SAMPLE

### WHAT YOU WANT TO COVER

What are your immediate concerns and/or goals for your visit? What questions do you want to make sure you ask? This form will help ensure you remember everything you want to cover!

#### CONCERNS:

My top three medical concerns, in order of importance to me are:

1. *I have a radiating pain and cough that is not going away.*
2. *I would like to get a flu shot.*
- 3.

#### GOALS:

My goals for this appointment are:

1. *Work with my doctor to form a plan of action to find out what is causing my symptoms.*
2. *Get an idea from my doctor as to what she thinks might be the cause of my pain.*
- 3.

#### QUESTIONS:

My questions for the doctor are:

1. *What do you think is going on with me?*
2. *I've tried taking Tylenol but it isn't working, what do you recommend to relieve my symptoms?*
3. *What should my next steps be? And what are yours?*