

Noah Lubowsky, MD
Dr. Gerald J. and Dorothy R. Friedman Fellow in Diabetes & Metabolism
2006 - 2008



Education

Dr. Lubowsky earned his B.A. in Chemistry from Binghamton University in 1996 and his M.D. from SUNY Downstate in 2002. He completed his Internal Medicine Internship at the University of Pittsburgh Medical Center, and his Internal Medicine Residency at Long Island Jewish Hospital in New Hyde Park, NY. Dr. Lubowsky completed his fellowship in Endocrinology, Diabetes and Metabolism as a Friedman Fellow at Tufts Medical Center in 2008. He is Diplomate of the American Board of Internal Medicine, and is Board Certified in Diabetes, Endocrinology, and Metabolism.

Former and Current Position(s) and Academic Interests

During his fellowship, Dr. Lubowsky was actively involved in the education of medical students and residents. He was the Associate Director of the Endocrine Pathophysiology course at Tufts University School of Medicine and a preceptor for the Physical Diagnosis course.

Dr. Lubowsky participated in other scholarly activities, including the Fellow's Day Symposium at The Endocrine Society meeting in June 2007 and the American Thyroid Association in October 2007. He completed the 2008 Endocrine University course at the Mayo Clinic, where he received certification in bone densitometry.

Dr. Lubowsky worked with Renal-Endocrine Associates, P.C. of Pittsburgh, PA, as a staff endocrinologist from 2008-2010. While there, he was a staff member of the Joslin Diabetes Center, Western Pennsylvania Hospital affiliate. In 2010, he joined Heritage Valley Health System to establish Heritage Valley Endocrinology. He is working with the health system to develop a comprehensive diabetes treatment and education program. It will be the first diabetes treatment and education center in Beaver County, Pennsylvania. Patients will have access to a wide range of providers in one center, including

endocrinologists, diabetes educators, dietitians, and podiatrists. He is also helping to create new insulin protocols for the hospital system. A basal-bolus subcutaneous insulin protocol was implemented in April 2011, helping to significantly decrease the hyperglycemia rate in hospitalized patients. A protocol for diabetic ketoacidosis and hyperosmolar state will be in place before the end of the year. He continues to work with residents and medical students. He is a member of the Endocrine Society and the American Association of Clinical Endocrinologists.

Bibliography

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2. Azuma K, Radikova Z, Mancino JM, Toledo FGS, Thomas E, **Lubowsky ND**, Kelley CA, Kangani CO, Serra D, He Y, Ligueras-Saylan M, Foley JE, Kelley DE: DPP-4 inhibition improves insulin resistance (IR) in type 2 DM. Presented at the 66th Scientific Sessions of the [*American Diabetes Association*](#), Washington, DC, 2006.
3. Pittas AG, **Lubowsky N** and Lau J. Insulin therapy in critically ill hospitalized patients. A meta-analysis. Presented at the 68th Scientific Sessions of the [*American Diabetes Association*](#), San Francisco, CA, 2008.