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Tufts Medical Center at a Glance

Tufts Medical Center is a world-class, academic medical center which is home to two full-service Boston teaching hospitals: one serving adults (Tufts Medical Center), and Floating Hospital for Children, dedicated exclusively to all levels of pediatric care. The Medical Center is also the principal teaching hospital for Tufts University School of Medicine, and pioneers groundbreaking research including numerous clinical trials available exclusively at Tufts Medical Center. The Medical Center has 415 licensed beds.

Located in downtown Boston, Tufts Medical Center is adjacent to the city’s Theater District and Chinatown. The Medical Center’s state-of-the-art diagnostic technology, facilities for inpatient and outpatient services and dedicated medical professionals have helped establish it as one of the United States’ leading medical institutions.

Superlative Treatment and Care
Tufts Medical Center’s physicians and services have been rated among the best in the nation in a number of comparative surveys, and compassionate, patient-centered care is one of the Medical Center’s hallmarks. A multidisciplinary approach ensures both complete and thorough consideration of treatment options. Floating Hospital for Children pioneered the concept of caring for the “whole child” rather than simply treating a child’s illness.
Tufts Medical Center is known for its exemplary patient care, leading-edge research and outstanding educational programs. We hold the proud position of principal teaching hospital for Tufts University School of Medicine (TUSM), a premier, internationally respected medical school. Doctors at Tufts Medical Center have the distinct advantage of caring for patients of all ages.

Our full-service pediatric facility, Floating Hospital for Children, is dedicated to pediatric care from the tiniest of newborns to maturing adolescents and is the principle teaching hospital for TUSM. Tufts Medical Center is a full-service hospital for all ages. All full-time physicians at Tufts Medical Center and Floating Hospital for Children hold faculty appointments at TUSM.

What sets our programs apart is the energy, enthusiasm and expertise of our faculty, who work hard to make sure that our trainees get all that they can out of the training environment. Our medical center faculty are amongst the top in their fields and are annually listed among Boston’s Top Doctors. Working with our teaching affiliates, we are able to give our trainees a wide array of experiences so that they can be equipped with the skills that they need to work in the field.

We offer 45 programs accredited by the ACGME, as well as a combined Pediatrics, Adult Psychiatry and Child Psychiatry Triple Board program. Our GME programs include including 19 specialty ACGME accredited programs and a number of subspecialty and fellowship opportunities. Detailed information about the programs offered at Tufts Medical Center can be found here.

Our alumni have gone on to become leaders in clinical care, research and medical education. We are proud of our graduates and the work that they have done to improve patient care and the health care environment. Whether trainees have moved on to further training, clinically-based jobs, academic positions, industry-related posts or other careers, they look fondly upon their training years at Tufts Medical Center.
Neurology Residency Program

Training With Us

As a smaller academic medical center, Tufts Medical Center offers an environment that is intimate and personalized, where residents and fellows are mentored to find and develop their passions in the field of medicine. This setting lets our physicians-in-training collaborate directly with our energetic, experienced and engaged full-time faculty who truly love to teach.

Our faculty and staff welcome each resident and fellow into our Tufts Medical Center and Floating Hospital for Children family. Our relationships with Tufts University, Tufts University School of Medicine, Tufts University School of Dental Medicine, our clinical affiliates and our referring physician network (NEQCA) creates a huge network of faculty, employees and alumni who are eager to help trainees along the way.

Living in Boston

Boston is a vibrant city that is full of history. From the Boston Tea Party to the Battle of Bunker Hill and the Midnight Ride of Paul Revere, our city has seen some of the pinnacle times in our nation’s growth. Walking along the streets of Boston (we recommend the Duck Boat Tour or a walk along the Freedom Trail) you can still visit many of the city’s famous landmarks.

Boston is also home to a wide number of universities and major health care institutions. In fact, the city has the nation’s highest concentration of colleges, with many alumni who stay after graduation to work and live in the city. This large population of young adults creates an atmosphere of people who are eager to network, get to know one another and have fun.

One of the things that Boston is best known for is its sports teams and fanatical fans. The Celtics, Bruins, Patriots and Red Sox all call Boston home. While we root for all of the local teams, Tufts Medical Center and Floating Hospital for Children have a major relationship with the Boston Bruins.

We host a number of events with the Bruins including Cuts for a Cause (fans shave the heads of Bruins players with proceeds going to Floating Hospital), which raised nearly $60,000 last year. Bruins players also regularly visit our pediatric patients and recently brought the Stanley Cup trophy to our atrium after their win in 2011. Bruins President Cam Neely and the Cam Neely Foundation for Cancer Care have donated over $25 million to help build up our cancer programs, hematology/oncology research, the Neely House and the Neely Pediatric Bone Marrow Transplant Unit.

Our History

Tufts Medical Center also has a number of medical milestones and firsts. More than 200 years ago, the roots of our Medical Center were planted by several compassionate Bostonians, including American patriots Samuel Adams and Paul Revere. In 1796, these public-minded individuals founded the Boston Dispensary, a facility dedicated to the care of the poor. Between 1856-1899, the Dispensary established the first medical clinic, the first dental clinic and the first lung clinic in the United States. By 1918, the Dispensary had created the first evening pay clinic, a well-child clinic, a preventative health clinic and the first food clinic.
Floating Hospital for Children began as a hospital ship, sailing the Boston Harbor for the first time in 1894. The mission of the ship was to take ill urban children out onto the harbor to experience the healing qualities of fresh sea air and sunshine. In the late 1920s, Floating Hospital left the harbor waters.

In 1929, the Boston Dispensary entered into an arrangement with the Boston Floating Hospital for Children and Tufts College Medical School, to form New England Medical Center (which we know today as Tufts Medical Center). Since then, Tufts Medical Center has been on the forefront of medical innovation with advances like establishing the world’s first pediatric trauma center, inventing artificial milk (later called Similac) and discovering the modern syphilis test.

Our Neighborhood

Boston is the largest city in New England but it’s easy to quickly find your way around. Tufts Medical Center is the most centrally located AMC in Boston. We are located in the heart of downtown, next to Chinatown and the Theater District and within walking distance of the South End, Back Bay, Boston Common, Downtown Crossing, Faneuil Hall and many hotels and restaurants.

We share the Tufts Medical Center campus with several Tufts University science and professional schools, including Tufts University School of Medicine. The campus is close by to a number of historical sites, local restaurants and fitness facilities.

We are also easily accessible by public transportation. The Tufts Medical Center Orange Line stop is located across from the main hospital entrance on Washington Street. Other nearby MBTA stops are Downtown Crossing (Red Line, Orange Line) and Boylston (Green Line). Tufts Medical Center is a 15-to-20-minute cab ride from Logan Airport and within walking distance of South Station. View our campus map and directions.

Because Tufts Medical Center is located in the heart of Chinatown, we have a strong focus on working with this community and its residents. We created the Asian Health Initiative to identify public health issues of particular prevalence or concern in the Asian community and to work collaboratively with neighborhood organizations to address health issues in a culturally and linguistically appropriate way.
Neurology Residency Program

Program Structure

Our program is ACGME-accredited and offers 5 positions through the NRMP (“The Match”). In addition, we may offer 1-2 additional positions for highly qualified candidates with government sponsorship (Funded Applicant - FAP track).

PGY-1 Preliminary Medicine Year

For those candidates matching into our 5 standard positions, our Neurology residency program offers the option for our residents to complete their preliminary medicine year with us at either Lahey Hospital & Medical Center (3 positions) or at St. Elizabeth’s Medical Center (2 positions). These positions do not require a separate preliminary application, though these programs must be ranked on the supplemental drop-down list on NRMP (#3130140P1 Med-Prelim/Neurology - Tufts Lahey Clinic-MA and #1266140P1 Med Prelim/Neurology - Tufts St Elizabeth’s Med Ctr-MA). Candidates also have the option of joining us only for advanced neurology training (PGY-2 through PGY-4) and completing their preliminary medicine year at another institution. Candidates who join us through the FAP track do not have guaranteed preliminary medicine positions through our program and must match separately.

View the preliminary medicine training programs at Lahey Hospital & Medical Center and St. Elizabeth’s Medical Center.

PGY-2 Year: First Year Neurology Residency

Our program offers a robust curriculum in which our residents are exposed early to a vast amount of inpatient neurology while they build a solid foundation in clinical examination, pattern recognition, diagnosis and management. Our residents rotate through two sites during the PGY-2 year: Tufts Medical Center and Lahey Hospital & Medical Center.

At Tufts Medical Center, residents spend time on the inpatient, consult, night float, and outpatient rotations. They are exposed to both typical and atypical presentations of neurologic conditions, made even more interesting by the three weekly live patient conferences led by Dr. Thomas Sabin. Residents also rotate through the Neely Neuroscience Intensive Care Unit where they are exposed to complex and critically ill neurological and neurosurgical patients. At Lahey Hospital & Medical Center, residents are assigned to inpatient, consult and night float rotations. The ward and consult services are very busy, and residents are exposed to a wide variety of neurological cases.

Time spent on various rotations varies slightly year to year depending on the total number of residents. A typical schedule is as follows:

<table>
<thead>
<tr>
<th>Rotation</th>
<th>LC wards (16-18 weeks)</th>
<th>TMC wards (8-10 weeks)</th>
<th>NCCU (4 weeks)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Night Float (TMC or LC)</td>
<td>10-12 weeks</td>
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<td></td>
</tr>
<tr>
<td>Vacation</td>
<td>3 weeks</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outpatient Clinic (TMC)</td>
<td></td>
<td>4 weeks</td>
<td></td>
</tr>
<tr>
<td>Consults (TMC or LC)</td>
<td></td>
<td></td>
<td>4-6 weeks</td>
</tr>
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</table>
Neurology Residency Program

PGY-3 Year

The PGY-3 year is comprised of a number of diverse rotations, with the main goal of supplementing the clinical experience gained in the PGY-2 year with the study of neuropathology/oncology, neurophysiology, and pediatric neurology. Continued exposure to adult clinical neurology takes place while rotating through consult services. Rotations are based primarily at Tufts Medical Center and at Lahey Hospital & Medical Center. Residents may spend several weeks on the consult service at St. Elizabeth’s Medical Center as well. In addition, residents will have several weeks of elective of their choice to allow for further exploration of subspecialty interests or research. At the end of the year, some of the PGY-3 residents will serve as chief resident on the ward services at Tufts Medical Center and Lahey Hospital & Medical Center.

<table>
<thead>
<tr>
<th>Pediatric Neurology (Floating Hospital) 12 weeks</th>
<th>Neuroradiology 2 weeks</th>
<th>Consults (TMC-LHMC-SEMC) 10-12 weeks</th>
<th>LHMC or TMC Ward Chief 4 weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Night Float 4-6 weeks</td>
<td>Neuropathology and Neuro-oncology 4 weeks</td>
<td>EMG 4 weeks</td>
<td>NCCU 4 weeks</td>
</tr>
<tr>
<td>Elective 4-6 weeks</td>
<td>Vacation 3 weeks</td>
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</tbody>
</table>

PGY-4 Year

The PGY-4 year gives residents the opportunity to broaden their clinical experience with elective rotations as well as consolidate and hone their clinical skills while overseeing the ward services at Tufts Medical Center and Lahey Hospital & Medical Center. Residents also spend time at St. Elizabeth’s Medical Center as the consult resident and completing their psychiatry rotation.

<table>
<thead>
<tr>
<th>TMC or LHMC Ward Chief 20 weeks</th>
<th>Outpatient Clinic (TMC) 4 weeks</th>
<th>Psychiatry 4 weeks</th>
<th>Consults (SEMC) 6 weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Night Float 2 weeks</td>
<td>Elective 12-14 weeks</td>
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</table>

Continuity Clinic

Each resident attends a longitudinal outpatient clinic one afternoon per week at one of the institutions. Clinic preceptors are assigned at the beginning of residency, and the preceptor serves as one of the resident’s mentors for all three years. The importance of serial observation, the natural history of disease and response to treatment, and the commitment to patients is emphasized.

Electives

Elective rotations are available at our institutions in all major neurologic subspecialties as well as related medical, surgical, and radiologic fields. In addition, elective time can be spent on clinical or basic research projects.
Call Schedule

Our program has moved from a traditional call schedule to a night float system, which promotes good sleep hygiene, decreases burnout and complies with work hours under ACGME rules. Night coverage takes place at Tufts Medical Center and at Lahey Hospital & Medical Center.

A 24-hour traditional call is still in place on Friday, covered almost exclusively by the consult residents at Tufts and Lahey, in order to maximize continuity of care. Similarly, weekend shifts from 7 am to 7 pm are typically covered by the junior ward residents, with each resident covering two weekends and having two free weekends over a four week period.

While ward chief resident at Tufts Medical Center, senior residents take home call and round on the weekends with the junior resident and attending for two weekends of each four week period.

Teaching

As part of our dedication to clinical neurology education, ample emphasis is placed on the teaching role of the resident. The ward and consult services typically have two to four medical students who derive the bulk of their clinical neurology knowledge from teaching provided by our residents. More formal teaching opportunities are also available, including the instruction of small groups of second year medical students during their neuroscience course each fall.

In addition, each Friday morning, we hold a resident-run teaching session during which a lecture prepared by our residents is presented to their colleagues among our residency sites via teleconference. Topics include journal club, board review questions, neuroanatomy and evidence-based practice topics. Most of these sessions are supervised by a subspecialty attending of the particular topic. Senior residents are also responsible for Grand Round didactics at Lahey Hospital & Medical Center while rotating there, which provides a great opportunity to hone topic pertinent literature review skills as well as build confidence in addressing a room full of established neurologists and colleagues.
### Residency Program Graduates

<table>
<thead>
<tr>
<th>Year</th>
<th>Name</th>
<th>Institution/Location</th>
<th>Fellowship/Program</th>
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<tbody>
<tr>
<td>2017</td>
<td>Abrar Al-Faraj</td>
<td>Beth Israel Deaconess Medical Center, MA - Epilepsy Fellowship</td>
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<tr>
<td></td>
<td>Ali Daneshmand</td>
<td>Mayo Clinic, MN – Neurocritical Care Fellowship</td>
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<tr>
<td></td>
<td>Behzad Elahi</td>
<td>Mayo Clinic, MN - Neuromuscular Fellowship</td>
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<tr>
<td></td>
<td>Min Kang</td>
<td>University of California, San Francisco, CA – Neuromuscular Fellowship</td>
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<tr>
<td></td>
<td>Sammitha Rai</td>
<td>Beth Israel Deaconess Medical Center, MA - Epilepsy Fellowship</td>
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<tr>
<td>2016</td>
<td>Ozaire Awais</td>
<td>Thomas Jefferson Headache Center, PA – Headache Fellowship</td>
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<tr>
<td></td>
<td>Vaijayantee Belle</td>
<td>Olean General Hospital, NY – Private Practice</td>
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<tr>
<td></td>
<td>Paul Butler</td>
<td>University of California, San Francisco, CA - Cognitive Neurology Fellowship</td>
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<td></td>
<td>Emile Moukheiber</td>
<td>Johns Hopkins Hospital, MD - Movement Disorder Fellowship</td>
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<tr>
<td></td>
<td>Andrew Natanson</td>
<td>Oregon Health and Science University, OR - Cognitive Neurology Fellowship</td>
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<tr>
<td>2015</td>
<td>Ziad Alhumayyd</td>
<td>Washington University, MO - Neuromuscular Fellowship</td>
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<tr>
<td></td>
<td>Matthew Dooley</td>
<td>Washington University, MO - Neurorehabilitation Fellowship</td>
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<tr>
<td></td>
<td>Yasar Jassam</td>
<td>NIH/NINDS - Neuroimmunology Fellowship</td>
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<tr>
<td></td>
<td>Christopher Parres</td>
<td>Brigham &amp; Women’s Hospital, MA - Clinical Neurophysiology Fellowship</td>
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<tr>
<td>2014</td>
<td>Murali Bogavalli</td>
<td>Beth Israel Deaconess Medical Center, MA - Neuromuscular Fellowship</td>
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<tr>
<td></td>
<td>Ashish Gajjar</td>
<td>Emory University, GA- Epilepsy Fellowship</td>
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<td></td>
<td>Cristoph Karch</td>
<td>University of California, San Francisco, CA - Neuromuscular Fellowship</td>
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<tr>
<td></td>
<td>Sui Li</td>
<td>Lahey Hospital &amp; Medical Center, MA - Clinical Neurophysiology Fellowship</td>
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<tr>
<td></td>
<td>Kit Mui</td>
<td>University of Massachusetts, MA - Epilepsy Fellowship</td>
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<td></td>
<td>Sarah Nelson</td>
<td>Brigham &amp; Women’s Hospital / Massachusetts General Hospital, MA - Neurocritical Care Fellowship</td>
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<td></td>
<td>Karen Rembold</td>
<td>Beth Israel Deaconess Medical Center, MA - Neuromuscular Fellowship</td>
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<tr>
<td>2013</td>
<td>Tareq Almaghrabi</td>
<td>University of Texas at Houston, TX - Neurocritical Care Fellowship</td>
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<tr>
<td></td>
<td>Maria Dibner</td>
<td>Brown University/Rhode Island Hospital, RI - Neurophysiology Fellowship</td>
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<td></td>
<td>Adam Drobnis</td>
<td>Beth Israel, NY- Movement Disorders Fellowship</td>
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<td></td>
<td>Meghan Hickey</td>
<td>Massachusetts General Hospital, MA - Advanced General Neurology Fellowship</td>
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<td></td>
<td>Karen Lynch</td>
<td>Brigham &amp; Women’s Hospital / Massachusetts General Hospital, MA - Neuromuscular Fellowship</td>
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<tr>
<td></td>
<td>Flavia Machado</td>
<td>Southcoast Physicians Group, N. Dartmouth, MA – Private Practice</td>
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<tr>
<td>2012</td>
<td>Seth Gale</td>
<td>Brigham &amp; Women’s Hospital, MA - Behavioral/Cognitive Neurology Fellowship</td>
<td></td>
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<tr>
<td></td>
<td>Dimity Kolychev</td>
<td>Tufts Medical Center, MA- Vascular Neurology Fellowship</td>
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<tr>
<td></td>
<td>Swee Lim</td>
<td>Tufts Medical Center, MA- Neuromuscular Fellowship</td>
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<tr>
<td></td>
<td>Subhhashie Sarathkumara</td>
<td>Baylor University, TX - Movement Disorders Fellowship</td>
<td></td>
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<tr>
<td></td>
<td>Shrutii Sonni</td>
<td>Beth Israel Deaconess Medical Center, MA - Stroke Fellowship</td>
<td></td>
</tr>
<tr>
<td>2011</td>
<td>Venkata Dandamudi</td>
<td>Tufts Medical Center, MA - Neurocritical Care Fellowship/Endovascular Surgery Fellowship</td>
<td></td>
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<tr>
<td></td>
<td>Christina Fournier</td>
<td>Emory University, GA- Neuromuscular Fellowship</td>
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<tr>
<td></td>
<td>Joshua Kornbluth</td>
<td>Johns Hopkins University, MD - Neurocritical Care Fellowship</td>
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<td></td>
<td>Abdullah Naqshbandi</td>
<td>Tufts University, MA - Neuromuscular Fellowship</td>
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<td></td>
<td>Nicholas Parziale</td>
<td>University of California, Los Angeles, CA- Neuromuscular Fellowship</td>
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<td></td>
<td>Mathew Pulicken</td>
<td>Massachusetts General Hospital, MA - EEG/Epilepsy Fellowship</td>
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<tr>
<td></td>
<td>Louis Tramontozzi</td>
<td>Brigham &amp; Women’s Hospital / Massachusetts General Hospital, MA- Neuromuscular/EMG Fellowship</td>
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</tbody>
</table>
More Information

For more information regarding our policies, sample contracts, benefits, stipends and more please visit our GME website at https://www.tuftsmedicalcenter.org/Training-Education/Training-at-Tufts-Medical-Center/For-GME-Applicants.aspx

Of course if you have any questions regarding the program, please contact our Education Manager, Crys Draconi, C-TAGME at 617-636-2605 or via email at cdraconi@tuftsmedicalcenter.org