

Tufts Medical
Center
Post-Op groups 2019

South Shore Groups: (drop in's welcome, no need to register)

1. **Where:** Hampton Inn & Suites (Exit 7 off Rte. 3)
10 Plaza Way, Plymouth, MA

When: The first Thursday of the month from: 6p.m-7p.m

2. **Where:** Courtyard Marriot
37 Paramount Drive, Raynham, MA

When: Usually the third Monday of the month from 6p.m-7p.m

Except: January Meeting will be held on January 28th and February will be held on February 25th. (4th Monday of the month). Due to holidays.

Boston Groups:

Located at Tufts Medical Center, Mezzanine Level, South Building
Weight and Wellness Center

Schedule:

1st Tuesday of each month from 3-4pm

1st Wednesday of each month from 10-11am

To sign up, please call: 617-636-0158 (Boston Groups Only)

On-line Support Group:

Group takes place at 6 pm on the third Wednesday of each month. The group runs for one hour.

This group is geared towards Tufts Medical Center Weight and Wellness Center pre or post-operative patients. It's a way to connect and share ideas from the privacy of your own home.

*To sign up or for any questions, please contact Laura Paradis at
lparadis@tuftsmedicalcenter.org*